



O'DONNELL ISD HEALTH SERVICES Health Services Protocol/Policy

Health Services Department Personnel will:

- Care for students who become ill or injured at school
- Conduct vision, hearing and spinal screening programs as required by law
- Monitor and keep current immunizations or exemptions as required by law
- Enter and submit information into required reports as set by DSHS
- Promote health and education

Seizure Management and Guidelines

Refer to Seizure Management protocol

Administering Medications to Students:

PRESCRIPTION MEDICATIONS

Ideally, medications prescribed for school aged children, will be administered at home by the child's parent or legal guardian. Health services personnel may help parent/guardian(s) work with their student's medication schedule so that the medication can be administered at home.

When medication administration is required during the school day, school health staff (typically the school nurse) or the principal's designee are responsible for the medication administration. It is the responsibility of the parent/guardian to report to the school health staff personnel office of appropriate campus to deliver medications. A "Request for Administration of Medication by School Personnel" sheet should be completed. The medication must be delivered in the original prescription bottle from the pharmacy. Information on the prescribed medication container must include name of medication, student's name, dose, administration time and expiration date. In the need of a medication change, school health staff will need to update the student's health record with a new request form, signed by the parent, before the medication can be given. Medication administration will be documented either electronically or written into the student's record.

OVER the COUNTER MEDICATIONS (OTC)

It is to the discretion of the local school board to decide whether or not they will permit the administration of over the counter (OTC) medication to students. Whether the OTC medications are provided by the district or parent/guardians, that OTC medication must be arrived or kept in the original container. Label directions on the container will be followed.



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Parental permission to administer OTC medications is achieved during the electronic registration process or with written paper consent. Any known drug allergies must be included in those processes. Those OTC medications approved for administration include but are not limited to: Analgesics (Tylenol & Motrin), Antipyretics (Fever – Tylenol & Motrin), Antacids, Antibiotic Ointments, Antihistamines (Benadryl, Claritin & Zyrtec), Decongestants (Children's Dimetapp), Cough medications (cough drops, Zarbee's cough syrup & Children's Delsym cough syrup) and Pepto. If parents/guardians **DO NOT** want medication administered to their child, it is their responsibility to notify and provide school health staff with written notice of this request.

Each time one of these medications is distributed to a student in need, the administration should be logged into the student's record. The long term need for OTC medications may indicate the need for clinical evaluation and possible treatment. School health staff should communicate with parents and legal guardians about medication administration or any concerns as they deem appropriate.

INHALATION MEDICATIONS

School health staff is able to provide inhalation therapy to students with asthma or other respiratory issues (ie: Bronchitis, upper respiratory infections, exercise induced wheezing, etc). Inhalation therapies include hand held nebulizers (HHN) or inhalers. The medications and necessary supplies (HHN tubing, mask/mouthpiece and medication holder) must be provided by parents/guardians. The medication must be provided in the original container with required information on the container. A "Request for Administration of Medication by School Personnel" should be completed.

Students are permitted to possess and self-administer prescription asthma (inhaler) medication at school. It is the responsibility of the parent/guardian to notify school health staff of the need to carry these medications. Ideally, a "Contract for Students Carrying Inhalers/EpiPens With them at School" form will be completed and retained in the student's health file.



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DIABETES MEDICATIONS

Health and Safety Code Chapter 168, allows students with diabetes to self carry and administer medication to manage their condition respectively. Student's management activities should be outlined in the District's Diabetes Management and Treatment Plans as directed by physician and parents/guardians. Activities may include but are not limited to performing blood glucose checks, administering insulin, treating hypo or hyperglycemia, and possessing supplies or equipment on their person to monitor and care for their diabetes.

ANAPHYLAXIS MEDICATIONS

Refer to Anaphylaxis Protocol

OVERDOSE MEDICATIONS

Refer to Narcan/Naloxone Protocol



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